

# **SANDS SECONDARY**

Course Planning  
Transitioning Grade 7s to Grade 8  
for 2025-2026

# LAND ACKNOWLEDGEMENT

We would like to acknowledge the traditional territory of the Tsawwassen and Musqueam First Nations and all of the Hun'qumi'num speaking people who have been stewards of this land since time immemorial and on whose land we live, learn and play. I would also like to offer my respects to all the Elders who have gone before us and to all Canadians who are on the journey of Reconciliation.

## STAFF CONTACT INFORMATION:

### Counsellors:

- Mr. C. Abernethy ([cabernethy@deltaschools.ca](mailto:cabernethy@deltaschools.ca))
- Ms. A. Janda ([ajanda@deltaschools.ca](mailto:ajanda@deltaschools.ca))
- Mr. A. Randhawa ([arandhawa@deltaschools.ca](mailto:arandhawa@deltaschools.ca))

### Administration:

- Rick Mesich, Principal ([rmesich@deltaschools.ca](mailto:rmesich@deltaschools.ca))
- Tom Inkster, Vice-Principal ([tinkster@deltaschools.ca](mailto:tinkster@deltaschools.ca))

## INTRODUCTION TO SANDS



Grade 8 – 12



~740 students



Flex



Clubs



Sports



Grade 8 Mentorship

# WHO ATTENDS SANDS

- If you go to Gray or Brooke Elementary you are automatically assigned to Sands
- If you live in our catchment and go to a Delta public school, other than Gray or Brooke, please let your elementary office know you want to attend Sands
- If you live in our catchment and don't attend a Delta public school, you will need to register starting on Feb 3 – please see website

## APPLICATION TO ATTEND SANDS

- Non-Catchment – you live in Delta but do not live in the Sands catchment
- Non-District – you do not live in Delta
- Applications open on February 3 at 8:30
- <https://www.deltasd.bc.ca/schools/student-registration/>

HOW MANY  
COURSES DO I  
TAKE IN GRADE  
8?

8 total  
courses

6 standard  
courses

2 electives

## 6 STANDARD COURSES FOR NEXT YEAR

- English Language Arts 8
- Social Studies 8
- Science 8
- Math 8
- Physical Health & Education 8 ( may choose Soccer or Volleyball)
- French 8
- → If you have been recommended for a support block it will usually replace French 8



A NOTE ABOUT  
2<sup>ND</sup> LANGUAGES:

- French 8 is required. For Grades 9-12 you can choose it as an elective

OR

- You can switch to **Spanish 9** in grade 9. You can then take Spanish 10, 11 and 12



## ELECTIVE COURSES

- In addition to your 6 Standard Courses students get 2 Elective courses



ELECTIVES  
CONT....

Students entering Grade 8 choose:

- ADST Rotation – Wood, Drafting/Metal ,  
Foods, Sewing

and

- Fine Arts Rotation – Art, Drama and  
Digital Media

or

- Band

# LEARNING SUPPORT COURSES

- Learning Support, Grad Quest and Supportive Learning
  - If you currently have support now you will likely be given a block of support for next year
  - this will typically replace an elective or a Language
- ELL Support -
  - ELL Strategies and/or
  - English Language Development (level 1-3)

STUDENT PLACEMENTS IN THE ABOVE COURSES WILL BE CONFIRMED WITH THEIR GRADE 7 TEACHERS DURING THE ARTICULATION PROCESS

## THE GRADE 8 TIMETABLE

1. English 8
2. Science 8
3. Socials 8
4. Math 8
5. French 8 (May have a block of support instead)
6. PE 8
7. ADST 8
8. Fine Arts 8

# HOW TO PICK YOUR COURSES?

Your student will log onto MyEd and work with you to select the courses they want

They will be taught how to log onto MyEd at their current school.

MyEd login and course selection information will also be emailed to all families in catchment schools

If there is a problem selecting courses give Sands a call. We will help.

The Sands team will visit Gray and Brooke in the coming weeks.

**GET INVOLVED**

There is Something for Everyone ...



Swimming  
(Fall)



Volleyball  
(Fall)



Basketball  
(Winter)



Badminton  
(Spring)



Gymnastics



Soccer  
(Boys = Fall;  
Girls =  
Spring)



Track and  
Field  
(Spring)



Ultimate  
(Spring)



Rugby  
(Spring)



Intramural  
Sports at  
Lunch  
(All Year)

# ATHLETICS



## STUDENT COUNCIL

- Plans dances
- Special fundraisers
- Fun days – pajama day – tacky tourist day – Halloween costume days etc.
- Spirit Days
- **YES! Grade 8's can get involved!!**

# CLUBS

- Dungeons and Dragons
- Book Club
- Green Team
- Student Council
- Model UN
- Ethics and Debate Club
- Chess Club
- Grad Council
- Homework Club
- Library Monitoring
- Boys Club
- Girls Group
- DYAC
- CEMC Math Contests
- Intramural Sports
- French Club
- Leos Club
- Choir
- GSA
- First Responders
- Bhangra Team
- Gaming Club
- Jiu Jitsu
- Linguistics Club
- Rock Band

WELCOME  
TO HIGH  
SCHOOL!

---

School tours - June

---

Beginning of the year BBQ – End of August

---

School open for exploration – End of August

---

Grade 8 Retreat – September

---

Grade 10-12 mentors – lockers, finding your way around the school, checking on how you are doing, helping with retreat, etc



QUESTIONS?