

March 5, 2021

Dear Families and Students,

The sun has been shining and it is getting warmer outside. Spring (Break) is in the air. Dr. Bonnie Henry is optimistic that more vaccines are coming on board soon and those that want to get a vaccine will get one by the end of July. Both are great news. Coming this week is a midterm report card for your student(s). If you have any questions or concerns, please contact the appropriate teacher. The end of Quarter 3 is April 22, about four weeks after we get back from the break. Sands staff have moved to our new email addresses - @deltaschools.ca. We will still get messages if you send them to @deltasd.bc.ca, for the time being, but we encourage you to start using our new email addresses. Take care, stay safe and please follow the health protocols.

Our yearbook is taking shape and it is not too late to buy a book. At the end of this newsletter is a sneak preview. Have a look.

Would your child like to have a say in their city? This is their chance!

The City of Delta is updating its 2018 Social Action Plan. This municipal plan identifies community needs and key directions and actions for the City and community partners to address these needs. As a part of updating this plan the City would like to hear from youth about how to make Delta a more youth friendly city. The survey should not take more than 7-10 minutes. It will close on March 26, 2021. Please could you ask your child to complete the survey using this link: [Take a survey!](#)

Grad Celebration

In consultation with the other Delta secondary schools and senior management, we have moved forward with contracting GradsBC (<https://gradsbc.com/>) to pre-capture the graduation moments on video and combine them with commencement speeches, celebrations, photographs and other highlights for each school. The plan will honour our grade 12 students in a way that will allow them to wear their cap and gown, walk across the stage, have their moment in the spotlight and have several photos taken as they experience the event. This event will be similar to what we did last year for the Grad Celebration of 2020.

GradsBC will conduct the production events between May 29th and June 11th. Each secondary school will be given a date for their production event shortly. There will be centralized sites for the filming that will be determined in the near future.

Families and Grads, please check your emails for letter from the schools and some more details.

Beyond Behaviour: A Relationship-Based Approach to Understanding Your Child's Needs During the Pandemic

As caregivers, we all want to do the best we can for our children. Sometimes, that can~feel challenging if we don't know how to respond to our child, particularly at a time of overwhelming uncertainty. This presentation invites parents and caregivers to get curious about using a

relationship-based approach to parenting, which, unlike behavioural perspectives, equips you with the tools to understand your child's needs. Pulling from decades of attachment research, we will explore the cross-cultural primary attachment needs of children and how we can respond in a way that develops caring, secure relationships; skills that are keys to building resilience in our children

The presenters:

Joti Kalar holds a Masters in Counselling and is a Registered Clinical Counsellor. As a second generation South Asian Canadian, Joti's therapeutic practice focuses on exploring our intersecting identities and acknowledging the ways in which our individual strengths and struggles are connected to broader experiences with family, culture, and normative societies.

Tiffany Wu - Born to Chinese immigrants in Vancouver, on the unceded and traditional lands of the $\sim x^w m\grave{a}e\grave{k}^w \grave{a}y\grave{a}m$ (Musqueam), $sel\acute{i}lwitlh$ (Tsleil Waututh) and $s\grave{k}w\grave{x}w\acute{u}7mesh$ (Squamish) peoples, Tiffany has first-hand experience growing up straddling multiple cultures and identities. She holds a Masters in Counselling. The foundation of her work is rooted in the intersectionality of culture, mental health and substance use.

When: March 10, 2021 6:30 – 8:00p.m.
Register in advance for this workshop:

<https://ca01web.zoom.us/meeting/register/u5Ykc--vpz0pGdFwpzFOvipRrrSYPsJzRUec>

Family and Student support

If there are supports that Sands can help with please contact me (mrobinson@deltaschools.ca), Ms. Macintosh (jmacintosh@deltaschools.ca), Mr. Randhawa (arandhawa@deltaschools.ca), Ms. McPhedran (kmcphedran@deltaschools.ca) or Ms. K Watters (CYCW) (kwaters@deltaschools.ca). We are here to help.

COVID Information

Reminder, that the school doors do not open until 8:20 in the morning. We would like students to avoid crowding under the covered area. Please don't drop your student off until 8:20am or ask them not to arrive until 8:20am.

Contact numbers for Fraser Health for questions/advise specific to COVID and schools

*** Fraser Health COVID Hotline 604-918-7532**

*** COVID SCHOOL HUB Hotline 604-587-4769**

It is very important that we still follow all of the safety protocols as set by our Provincial Health Officer and Fraser Health, including the latest province-wide restrictions:

- Complete the [daily health check](#)
- Stay home if you are sick
- Try to keep at least 2 metres from people outside of your household
- Wear masks all the times except when seated in your classroom at your seat, when eating/drinking or when a barrier is present. At all other times students must wear masks
- Wash and sanitize your hands often

- Avoid gatherings that are beyond your immediate family
- For medical advice call 811 or see your doctor
- Ensure your student knows that they must not gather with other students before and after school

New App Simplifies Students' Daily Health Check

Thanks to a new app, it's easier than ever for your students to complete their daily health check each morning.

Developed in partnership with Public Health and the BC Centre for Disease Control, and a group of students, the [K-12 daily health check website](#) and [mobile app](#) help students and families make the best decisions on whether to attend school, stay home, or take other measures. Questions and answers are easy to understand and are based on current health guidelines. All content is written with the K-12 age group in mind.

As indicated in the [Provincial COVID-19 Health Safety Guidelines for K-12 Settings](#), parents and caregivers should assess their children daily for illness before sending them to school. Please share the information about the new K-12 Health Check App with your students to make this process easier. If you would prefer to have something you can print out to refer to on a daily basis, please [click this link](#).

Upcoming Events

- Mar 9 – Midterms marks due 8:30 am
- Mar 11 – Spring Band Concert – video will be available
- Mar 11 – Midterm Reports available for families
- Mar 13 – 28 – Spring Break

Grad Information

- This is a reminder for students to set up their Student Transcript Service accounts. Students need to do this if they are planning on attending a post-secondary institution (PSI) next fall. If this is not done, their chosen PSI will not be able to access marks and will therefore be unable to offer the student admission. Please contact Ms. Sansregret if you need help doing this.
- The Sands Career Centre website, <https://sandscareercentre.weebly.com/> is a source of information for you and our students. Ms. Sansregret updates this site frequently so please check it on a regular basis. In addition to providing information on post-secondary education and scholarships, you will find registration links for information sessions hosted by various post-secondary institutions. If you have any questions or require further information, please **contact Ms. Sansregret at: jsansregret@deltaschools.ca or at: 604-594-3474, Local 249.**

Take care and remember we are here to help in any way we can.

Mark Robinson, Principal

Joanna Macintosh, Vice Principal

