

# SANDS SECONDARY

*“Creating Our Future Today”*

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December 4, 2020

How time flies when you are having “fun”. It has been a good school year so far, although there are a number of activities and connections we are all missing. Students keep learning, teachers keep teaching, EA’s and Support Staff keep supporting students, and the other staff help to keep the school clean, safe and running smoothly. We are all doing our best in this new environment and I think it is working well. On behalf of the staff, I would like to thank you parents for your support of the school and your students.

**Contact numbers for Fraser Health for questions/advise specific to COVID and schools**  
**\* Fraser Health COVID Hotline 604-918-7532**  
**\* COVID SCHOOL HUB Hotline 604-587-4769**

As the number of positive cases of COVID 19 in the Lower Mainland continue to rise, I can’t stress enough that we, collectively and individually, need to follow all of the safety protocols as set by our Provincial Health Officer and Fraser Health, including the latest province-wide restrictions:

- Complete the daily health check: <https://www.deltasd.bc.ca/wp-content/uploads/sites/2/2020/09/BCCDC-Daily-Health-Check-Sept-11-2020.pdf>
- Stay home if you are sick
- Try to keep at least 2 metres from people outside of your bubble/cohort
- Wear masks
- Wash and sanitize your hands often
- Avoid gatherings that are beyond your immediate family
- For medical advice call 811 or see your doctor
- Ensure your student knows that they must not gather with other students before and after school

## **Upcoming Events**

- Dec 10 – Trauma and Compassion in the Wake of COVID 19 presentation
- December 14-18 – Spirit Week sponsored by the Student Government
- Dec 17 – Q2 Midterm Report Card
- Dec 19 – Jan 3 – Winter Break

## **Grad Information**

- Grad Photos – Feb 9-14. Book at <https://artona.com/schools/SNDS/programs/graduation>. Artona will bring a photo shoot trailer to Sands and will have safety protocols in place.
- Grads and Family Survey – please see email that was sent home. Here is the link <https://forms.gle/A8q6suzhTyV2DssU6>
- Updated Scholarship information has been send to Grads on their @deltalearns account and Parents on their personal email

### **Family and Student support**

If there are supports that Sands can help with please contact me ([mrobinson@deltasd.bc.ca](mailto:mrobinson@deltasd.bc.ca)), Ms. Macintosh ([jmacintosh@deltasd.bc.ca](mailto:jmacintosh@deltasd.bc.ca)), Mr. Randhawa ([arandhawa@deltasd.bc.ca](mailto:arandhawa@deltasd.bc.ca)) or Ms. McPhedran ([kmcphedran@deltasd.bc.ca](mailto:kmcphedran@deltasd.bc.ca)). We are here to help.

### **Trauma & Compassion In The Wake Of Covid-19**

This session will explore how toxic stress can impact the developing brain and even inhibit the capacity for compassion. Parents will learn about how neurobiology can impact behaviour and how to cope with challenges. Parents will also learn strategies for building resilience even in the face of stressful times.

Dr. Jennifer Mervyn was acknowledged by CAMH as one of the 150 Canadians making a difference in mental health. She is a Registered Psychologist with an extensive background in trauma and substance abuse. Jennifer is known for utilizing innovative, culturally informed, therapeutic approaches in her work. Jennifer is Métis, mother of four, and strong advocate for the Indigenous community. She consults, teaches, and trains on Trauma Informed Practice and policy nationwide.

When: Dec 10, 2020 06:30 PM- 8pm Via Zoom

Register in advance for this workshop:

<https://ca01web.zoom.us/meeting/register/u5AuceqoqTIqGNCuf4yypWJ6ZYG4suti7D6h>

### **Focusing on the Positive**

Did you know December 1 was Giving Tuesday, the global day of giving aimed at encouraging small acts of kindness? Why not encourage your family to write letters of gratitude to those who serve your community – first responders, librarians, grocery workers, postal workers are just some examples of people working in our communities who would love to receive a letter of appreciation for the work that they do.

### **Reporting**

November 25, Report Cards were issued with Final Marks for Q1 classes and Mid-Term marks for Semester 1 classes. This can be viewed via your student's MyEd account or on Parent Connect under the folder tab (this is new this year). If you have any questions on how to access, please give the school a call and we can help. Please, don't hesitate to contact your student's Q1 teacher if you have any questions about the Report Card.

### **Year Book**

Wondering if the yearbook is happening this year? 🙌 YES!

ALL THE THINGS. ALL IN THIS BOOK.

Masks. Quarter system. Hybrid classes. This school year will be talked about forever. The yearbook is truly the most important keepsake from this remarkable time. Our multiple award-winning yearbook program is working hard to put together a historic book that will be looked back upon to remember one of the most unpredictable school years of all time. **Order today to get the best price - \$52 in December. The price goes to \$60 in January.** Ordering early makes sure there are enough copies for everyone.

This year's book will include:

- Photos of all your friends and teachers – what they look like under the mask 😊
- Events - like Terry Fox Run, Orange Shirt Day, Hallowe'en, Door Decorating, Spirit Weeks
- Students in classes - construction, science labs, socially distanced concerts, exercise and games, whiteboard work, presentations, art creation
- Special Features – specially designed topics based on student interviews, telling the stories of this special year
- Grad messages and superlative

Buy your book online by going to ParentConnect and using the “fees” tab. Cash or cheque can also be brought to the office.

### **Pictures of Sands activities and events**

Check out the yearbook Instagram account (@sandsyearbook) and see visually what's going on. There are some great pictures of the Terry Fox run/walk, grade 8 Photo, Halloween door decorations and students in costumes.

### **Student Fees**

Reminder that student fees and deposits have been assessed for all classes for all Quarters and are viewable under fees on Parent Connect. We encourage families to use the online feature in Parent Connect to pay. **If you have a refund and are paying online, you need to select the refund item for it to be applied to your student's total.** If families want to pay by cash or cheque they can **place it in** an envelope with their child's name and student number, and hand it in at the Sands office. If there is a financial need that prevents a family from paying fees, please contact me and we can discuss how Sands can help.

### **Homestay opportunity**

**do something great** 🏠

Welcome an international student into your home.

**DELTA**  
SCHOOL DISTRICT  
THE QUALITY PROMISE

- Be a Canadian ambassador and global citizen
- Have a lifelong impact on a child from across the world
- Earn \$950 per month per student to cover costs
- Choose from hosting for 2 weeks to 5 months or longer
- Benefit from our team's support

Contact us to find out more!  
📞 +1 604 952 5366  
✉️ homestay@GoDelta.ca

[homestay.deltasd.bc.ca](http://homestay.deltasd.bc.ca)

Take care and remember we are here to help in any way we can.

Mark Robinson, Principal

Joanna Macintosh, Vice Principal